

## Study Skills Resources

CueCards: An electronic flashcard program download with multiple features including ability to import audio and graphics. Keeps track of correct responses and can be printed out.

Dawson, Peg and Richard Guare: *Executive Skills in Children and Adolescents: A Practical Guide to Assessment and Intervention*, 2<sup>nd</sup> ed. The Guildford Press, 2010. Has wonderful strategies and techniques for teachers (individual/small group/whole class) as well as ideas for families.

Dawson, Peg and Richard Guare: *Smart but Scattered: The Revolutionary "Executive Skills" Approach to Helping Kids Reach Their Potential*. The Guildford Press, 2009. Written as an addition to the *Executive Skills in Children and Adolescents* for parents.

Dehn, Milton: *Helping Students Remember: Exercises and Strategies to Strengthen Memory*. John Riley and Sons, Co. 2011. A memory training program that consists of evidence-based exercises and strategies designed to enhance memory in children and adolescents (Grades 3-12).

Dendy CAZ: *Teaching teens with ADD and ADHD*. Rockville, MD: Woodbine House, 2000. This book on ADHD is full of helpful strategies for dealing with organizational struggles.

"Don't Talk to a Friend While Reading This; Multi-Tasking Adversely Affects the Brain's Learning Systems." UCLA Report. <http://www.newsroom.ucla.edu/portal/ucla/Don-t-Talk-to-a-Friend-While-Reading-7212.aspx>

Dornbush MP, Pruitt SK: *Teaching the Tiger*. Duarte, CA: Hope Press, 1995. Contains suggestions on how to break down large writing projects into steps for the disorganized student.

Dunlop, Steven. *Study Skills: The Ultimate Study Skills Guide For Students: How To Study More Effectively, Manage Your Time And Achieve The Results You Want*.

Generation M2: Media in the life of 8-18 years old. (Kaiser Foundation report which examines how texting, youTube, and other media interferes with learning.)  
<http://www.kff.org/entmedia/7251.cfm>

Goldberg, Donna and Jennifer Zwiebel. *The Organized Student: Teaching Children the Skills for Success in School and Beyond*. Fireside Publishing, 2005. The authors share this book is written for parents and students to help them understand where students need support and how to design solutions that meet their needs.

Guare, Richard and Peg Dawson. *Smart but Scattered Teens: The "Executive Skills" Program for Helping Students Reach Their Potential*. 2013.

Florence K: *My stuff planner: A homework organizer*. Zabihaylo Publishing, 2001. Although schools often provide planners, students may need a different format.

DK. *Help Your Kids with Study Skills*. A Unique Step-by-Step Visual Guide. 2016. DK Publishing.

High School Study Tips & Study Skills  
<http://academictips.org/study-skills/high-school-study-tips/>

Homayoun, Ana. *That Crumpled Paper was Due Last Week: Helping Disorganized and Distracted Boys Succeed in School and Life*. Perigree Book, 2010. This book is one of my favorite books to share with families of boys in middle and high school.

Jensen E: *Student success secrets*. Barrons, 2003.

Kelso High School, Study Skills Guide,  
<http://www.kelso.scotborders.sch.uk/pdfs/s3studyskills.pdf>

Remember the Milk. An online task list that syncs with Android phones, iPhone, iPod Touch, etc. Has quick input and reminders to do tasks (type "put books in bag Sunday 3pm" and it will remind you to put your books in your bag on Sunday at 3pm.)

Study Skills for the Middle School, <http://www.fmschools.org/eagle-hill.cfm?subpage=1328>

Study Skills for Middle School and Beyond (Tips for Parents),  
<http://www.greatschools.org/students/homework-help/322-study-skills-for-middle-school-and-beyond.gs>

Study Tips. Huge amount of links to support students through content areas.  
<http://www.studytips.org/>

Time Tracker: web-based, easy to use time tracker software.  
<http://www.formassembly.com/time-tracker/>

Track Class: A free site that helps you get your school work organized. From reminders to notes to assignments and grades that will help students stay on top of their studies.  
<http://trackclass.com/>

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